

# My guidebook on return





Youth version

#### This book belongs to:

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Book TT-08-23-073-EN-C ISBN 978-92-9467-718-1 doi: 10.2819/117194 PDF TT-08-23-073-EN-N ISBN 978-92-9467-719-8 doi: 10.2819/109499 PDFX TT-08-23-073-EN-C ISBN 978-92-9467-718-1 doi: 10.2819/117194

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### **Note to parents/guardians:**



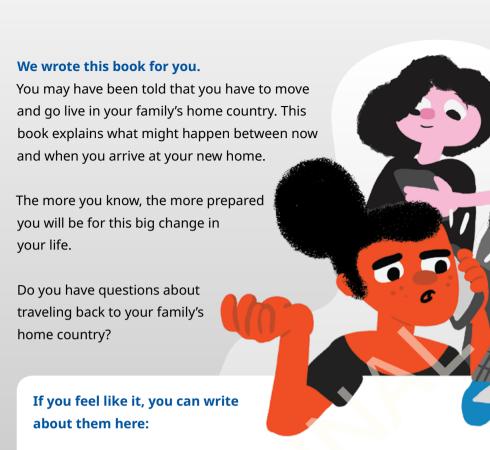
Did you arrive in Europe from another country? Is your family now returning home or leaving for another country? Yes! This book could help your children. This move will be a big change for them. Some parts of it might be difficult. We know that as a parent/guardian you want the best for your children and that you might be worried for their wellbeing. Fortunately, there are things you can do to make moving easier for them. Often, young people do better when they have information about what will happen to them. You can ask them about what they read, listen to how they are feeling and answer any questions they have. This is what this book is for. After your children read it you can ask them.

This book is written for young people 12 years and over.

Another book about the same topic is available for younger children. There is also a book to help younger children write about their experiences and emotions about this move and their life afterwards called: Activity Book.

If your children ask you questions you do not know the answers to, please ask authorities. Also, remember that children and young people do well when their family is doing well. Be sure to take care of yourself, so that you can take care of your children.









## **Important! Your rights**

Just like adults, children and youth have rights. Rights provide you with what you need to survive and develop, protect you from violence and discrimination, and help you participate and be heard on decisions that affect you. People under the age of 18 have special rights and these are written in the United Nations Convention on the Rights of the Child. This is an important agreement by countries who have promised to protect the rights of ALL children. All the rights are connected, they are all important, they cannot be taken away from you, and you have these rights everywhere you go.

### For more information:



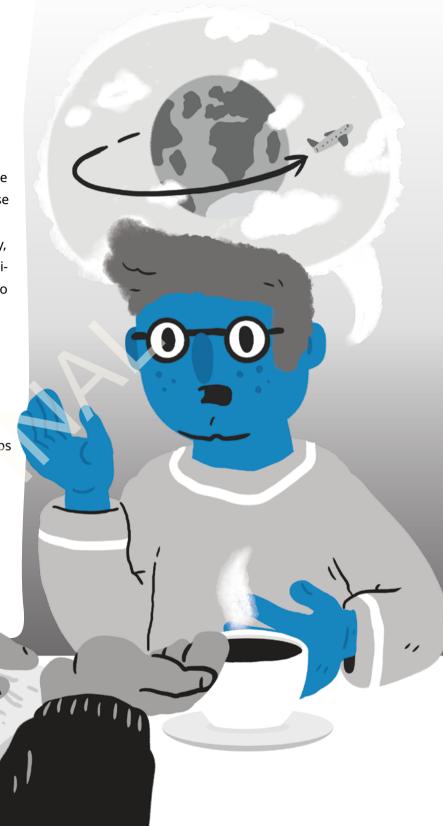




### 1. Hearing about the return decision

The country where you are staying, as every country, has laws and rules. Decisions are made by the authorities of the country based on these laws and rules. For you and your family there is now no possibility to stay and live here. Sadly, even if you wanted to stay here this is not possible at the moment. This means that you have to return to your family's home country

This is a big change. You might not remember your family's home country. You might feel sad to leave your friends or school. You might be worried about the move and uncertain about what your life afterwards will be like. Or perhaps you are happy to see friends and family from your family's home country and excited about this change. All these feelings are normal.





If you want to, you can write about them here:

Sometimes it is helpful to share your feelings with someone you trust. If you feel comfortable you can show them what you wrote.



## 2. Identification and travel documents

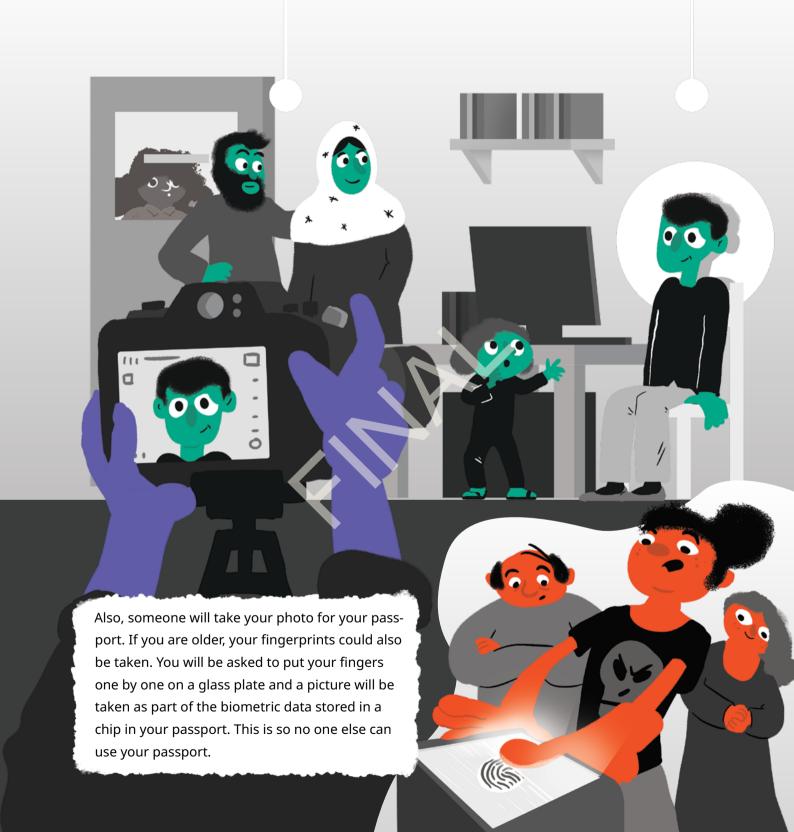
You need a passport to travel. If you don't have a passport, the government of your family's home country will make you one. You either get your own passport or you will be included on your parent's passport.

A person from the government of your family's home country may meet with you to check that the information for your passport is correct.

This person may ask your name, where you were born and the places you have lived. They might speak to you in a language of your family's home country. Another person, a translator, might be present to translate if you cannot understand the spoken language and tell you what





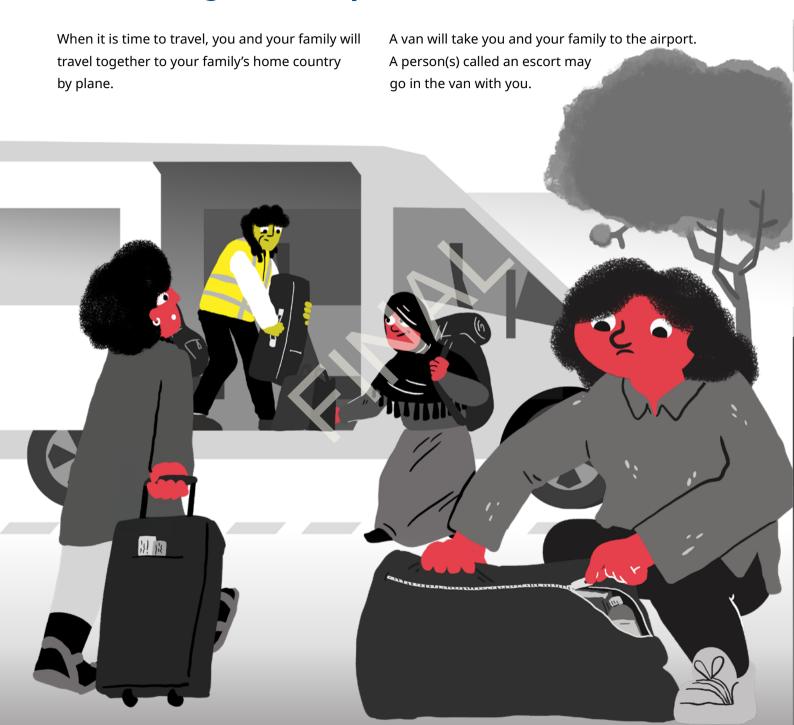


### 3. Where you stay before travelling





### 4. Travelling to the airport

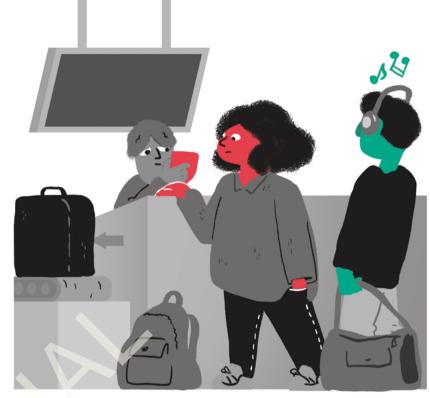


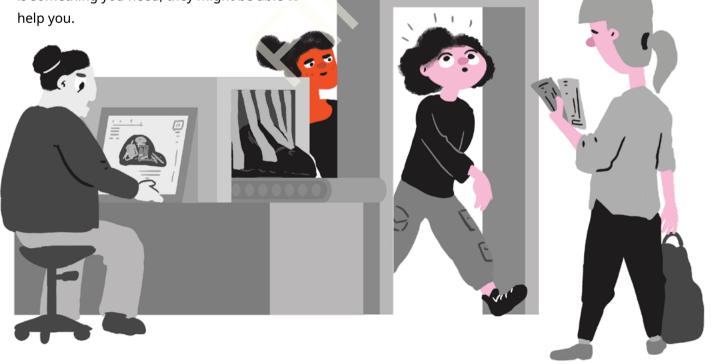


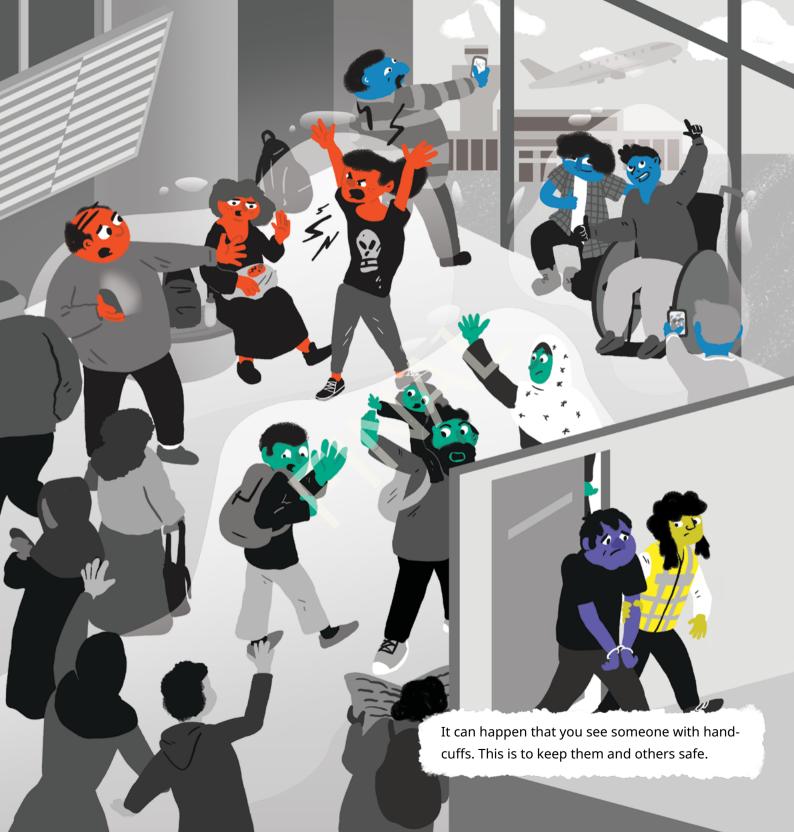
### 5. At the airport

At the airport you must show your passports at the check-in desk. You leave your big luggage here. It will travel in the bottom of the plane. You may take a small bag with you on the plane.

After the check in you will go through the security screening. They will check everybody's luggage, also the bag that you want to bring in the plane. You may have to show your passports to an official. If you are travelling with your family, you will wait together at the airport. When the plane is ready to leave, you will get on the plane as a family and sit together. An escort may wait with you. You can ask them questions. If there is something you need, they might be able to









You may be served a meal and drinks and you may be able to watch a video on the screens. There is a toilet on the plane. Flight attendants will help you if you need anything and give instructions about what to do to be safe, like fasten your seatbelt.

It is a good idea to bring a book, or games in your hand luggage so you can use them during the flight.

You may only have to take one plane, or you might have to stop at another airport and change planes to get to your destination.





When you arrive in your family's home country, you will leave the plane. You must wait for your luggage.

A person may help you travel from the airport to where you will be staying. Your family may get help from an organization to support you.



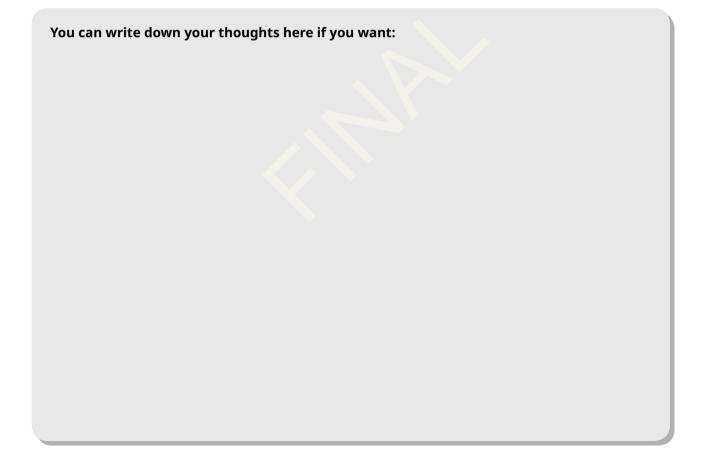
### The future

What are your wishes for the future after you return?

Everyone has dreams and wishes in life and you shouldn't stop dreaming and wishing for good things to happen if you move to your home country. How do you imagine your future in a few years from now on? What would you like to see

happen, what would make you happy? Where will you be? Where will you live and who are you with and how will it make you feel?

If you have clear dreams, wishes and goals it can help you to take the right steps to make them happen.





### **Room for notes**



For feedback on the books, please contact us at: frontex@frontex.europa.eu

